



## Action on Pre-eclampsia Expert Meeting 2017

# Hypertension in Pregnancy Day

**Thursday May 25<sup>th</sup> 2017** The Henry Wellcome Auditorium 183 Euston Road, London NW1 2BE

9.30	<i>Coffee and refreshments, opportunity for networking in The Williams Lounge Morning Session Chair Prof Andrew Shennan – Chair APEC</i>	
10.30	<b>Welcome and Introductions</b>	<b>Professor Andrew Shennan</b> Professor of Obstetrics Clinical Director South London CRN
10.40	<b>Global strategies to improve outcomes in women with pre-eclampsia</b>	<b>Professor Peter Von Dadelszen</b> Professor Academic Head of Obstetrics and Gynaecology, St Georges, University of London
11.05	<b>Pre-eclampsia in the Media</b>	<b>Dr Carol Cooper</b> Journalist, author and APEC Trustee
11.25	<b>JLA PSP - Research for Patient Benefit programme</b>	<b>Professor James Thornton</b> Consultant Obstetrician, University Of Nottingham
11.35	<b>Pre-eclampsia in a low income setting</b>	<b>Associate Professor Dr Ramon Bataglia</b> Head of the Gyneo-Obstetric Clinic National University of Asuncion, Paraguay
11.55	<b>Pre-eclampsia – solution provider’s perspective</b>	 <b>Tytti Massinen</b> Global Business Manager, Perkin Elmer
12.10	<b>Discussion forum</b>	<b>Professor Andrew Shennan and speakers</b>
12.30	<i>Lunch/networking</i>	

*Afternoon Session Chair: Marcus Green - CEO APEC*

1.15	<b>Placental Senescence and Pre-eclampsia</b>	<b>Professor Chris Redman</b> Emeritus Professor University of Oxford
1.45	<b>Prevention (ESTEEM trial) and Prediction (IPPIC IPD meta-analysis) of pre-eclampsia - an update</b>	<b>Professor Shakila Thangaratnam</b> Professor of maternal and perinatal health, The Blizard Institute, Barts and the London
2.10	<b>The Heart and Pre-eclampsia</b>	<b>Professor Baskaran Thilaganathan</b> Professor and Director of Fetal medicine, St Georges Hospital
2.30	<i>Tea, Coffee &amp; Cake</i>	
2.50	<b>ISSHP and seven ways to make a difference</b>	<b>Professor Louise Kenny</b> Professor of Obstetrics and Consultant Obstetrician and Gynaecologist, University College, Cork
3.15	<b>Results of the ASPRE Trial</b>	<b>Professor Kypros Nicolaides</b> Professor of Fetal Medicine, Kings College London
3.40	<b>Oral antihypertensive for all</b>	<b>Professor Laura Magee</b> Professor of Maternal Medicine, St Georges, University of London
4.00	<b><i>What next in pre-eclampsia: the pipeline of research and researchers</i></b> <i>Alexandra Cairns SNAP HT Pilot Study</i> <i>Emma Shawkat The effect of Labetalol and Nifedipine MR on blood pressure in women with chronic hypertension in pregnancy</i> <i>Laura Ormesher Beetroot in pregnancy- a feasibility RCT</i> <i>Anita Banerjee 26 maternal deaths in London in 2015</i> <i>Alison Ho Placenta Imagining project (PIP)</i>	<b>Chair: Professor Lucy Chappell</b> Consultant Obstetrician and NIHR Research Professor, Guys and St Thomas
4.30	Introducing their new publication: <b><i>Understanding Pre-eclampsia: A Guide for Parents and healthcare Professionals</i></b>	<b>Professor Chris Redman and Isabel Walker</b>
4.40	<b>Future of APEC</b>	<b>Marcus Green</b>
4.50	<b>Closing comments</b>	<b>Professor Andrew Shennan</b>
5.00	<b>End of meeting</b>	



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### Our speakers

#### Professor Andrew Shennan

[Andrew.shennan@kcl.ac.uk](mailto:Andrew.shennan@kcl.ac.uk)

Andy is Professor of Obstetrics at King's College London, based at St. Thomas' Hospital, UK. He is Clinical Lead of the Maternal and Fetal Research Unit, and specialises in clinical trials in antenatal and intrapartum care. His research interests include interventions to prevent pre-eclampsia, preterm birth and the use of blood pressure monitoring. He chaired the Department of Health Committee on Blood Pressure Monitoring in clinical practice, and sits on the relevant committees for the International Standardisation Organization (ISO) and the British Hypertension Society (BHS). He also advises the World Health Organisation (WHO) on perinatal research. Andy was born in Malawi, grew up in Zimbabwe, and worked as an obstetrician in South Africa. His African roots and clinical experience has inspired his passion for improving global women's health, including the development of the CRADLE VSA. He is the CRADLE VSA device inventor and Chief Investigator. Andy is also Chair of Trustees for Action on pre-eclampsia (APEC).

#### Professor Peter Von Dadelszen

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Peter was previously at the University of British Columbia and BC Women's Hospital, Vancouver Canada for 15 years. He has received numerous international (Chesley Award), national (CIHR Knowledge Translation Award), and local (UBC Excellence in Clinical Research Award) awards, and has been editor of both Hypertension in Pregnancy and Pregnancy Hypertension (founding co-editor). Peter is a member of the WHO Maternal Morbidity Working Group and the WHO South East Asia Region Technical Advisory Group. A Fellow of the Royal College of Obstetricians and Gynaecologists, the Royal College of Physicians and Surgeons of Canada (O&G), and the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, Professor von Dadelszen has qualified from both the University of Oxford (DPhil) and Otago, New Zealand (BMedSc, MBChB, DipObst) and has Canadian certification as a subspecialist in maternal-foetal medicine.

#### Dr Carol Cooper

[drcarolcooper@sky.com](mailto:drcarolcooper@sky.com)

Carol is a general practitioner and 'media medic'. She is president of the Guild of Health Writers, writes for *The Sun* newspaper, and has a string of non-fiction books to her name including an award-winning textbook of medicine. She also writes novels, her latest being *Hampstead Fever*. Based in London and Cambridge, she teaches medical students at Imperial College.

#### Professor Jim Thornton

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Jim qualified from Leeds University in 1977. He was based at Chogoria mission hospital in Kenya from 1979 to 1983. Since 2001 he has been a Professor of Obstetrics & Gynaecology at Nottingham University. Jim has been actively involved in Research in clinical trials, most recently, induction of labour at 39 weeks for women aged over 35 (35-39 trial). Previously he was editor, European J Obstet Gynecol and British J Obstet Gynecol. Currently chair, Swedish Research Council, Vetenskapsrådet, Clinical Therapy Research Board. He stood for Parliament in Nottingham East 2005, but was unfortunately not successful.

#### Professor Ramon Bataglia Araujo

Ramon is Professor at the Department of Gynecology and Obstetrics at the National University School of Medicine, Asuncion, Paraguay where he has been Head of Department since 2014. During his time in the UK, he holds a Plumer Visiting Research Fellowship at St Anne's College, Oxford. He is also Co-Chairman of the Postgraduate and Masters Courses in Perinatology at the National University School of Medicine in Asuncion. His particular interests lie in the use innovative techniques of Ultrasound and Fetal Medicine and he is a pioneer in the introduction into Paraguay of techniques such as Endovaginal Ultrasound, Digital Color Doppler, Digital 3D US and Percutaneous Fetal Techniques for Diagnosis and Treatment. He has been an Advisory Councillor for the World Federation of Ultrasound in Medicine and Biology (2013-2015) and President of the Latin American Federation of Ultrasound in Medicine and Biology (2011-2013)

#### Tytti Massinen

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Tytti is a Global Business Manager at PerkinElmer, based in Finland. She has been working within the field of Maternal Fetal Health the past 10 years with a focus on biomarkers for pre-eclampsia screening and other great obstetrical syndromes.

#### Marcus Green

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Marcus is Chief Executive of Action on Pre-eclampsia. He is responsible for the day to day success of the charity and is based at the Evesham office on a part time basis. He is co-investigator or PIP representative on a number of clinical trials and national committees. He is a trustee of an anorexia charity, non-executive chairman of two companies and runs his own management consultancy advising charity and business leaders.

## Professor Chris Redman

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Chris is Emeritus Professor of Obstetric Medicine at Oxford University UK. His research has focused on pre-eclampsia and the placenta. He originated the two stage model of pre-eclampsia and first identified the importance of systemic inflammation in its pathogenesis. With Ian Sargent he discovered circulating syncytiotrophoblast microvesicles whose role in the immunology of pre-eclampsia is still being elucidated. He continues actively working on these interests, which now include the heterogeneity of pre-eclampsia and the different aetiologies of early and late onset disease. Professor Redman has also worked on computerised analysis of the CTG. He is co-inventor of the Oxford Dawes-Redman system, which was the first of its kind, is sold in many countries and is still the word leader in the field. He is also promoting the development of computerised analysis for fetal heart rate monitoring in labour

## Professor Shakila Thangaratinam

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Shakila is a Professor of Maternal and Perinatal health, The Blizard Institute, Barts and the London. Her work has been in the fields of Health Technology Assessment in maternal medicine and Obstetrics, and Evidence based medicine. Her work in this field over the past ten years has led to many publications. It has had a direct impact on recommendations from International Guidelines including the recently published NICE guidelines on Pre-eclampsia. She is on the Executive Committee of the Maternal Medicine Clinical Study Group and represents the Royal College of Obstetricians and Gynaecologists at the National Obesity Steering Group of the Academy of Medical Royal Colleges.

## Professor Baskaran Thilaganathan

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Basky was appointed Professor of Fetal Medicine at St George's, University of London in 2008. Before that, he was appointed Director of Fetal Medicine at St George's Hospital in 1999. His research interests are focused on Maternal-Fetal medicine, with a particular interest on maternal cardiac function, placental function, fetal growth and preeclampsia. He completed his postgraduate training at King's College London and St Bartholomew's Hospitals, culminating in his Membership of the Royal College of Obstetricians and Gynaecologists (MRCOG) (1995), MD in Fetal Medicine (1996) and Certificate of Completion of Training (1998). He undertook his undergraduate training at King's College London, where he obtained a BSc in Genetic Engineering (1995) and MBBS (1988). He was awarded the Fellowship of the Royal College of Obstetricians and Gynaecologists (FRCOG) and an Honorary Doctorate (PhD) from Uppsala University in 2007. He has authored two undergraduate and five postgraduate text books in obstetrics and fetal medicine. He is the lead trainer for the Maternal-Fetal medicine sub-speciality training programme at St George's Hospital and Editor-in Chief of *Ultrasound in Obstetrics and Gynaecology*, the medical journal affiliated to ISUOG. He has authored over 200 peer-reviewed publications in indexed journals. He represents the Royal College of Obstetrics and Gynaecology on the UK National Screening Committee and is the Clinical Lead for the development of the first dedicated high-throughput NIPT lab in the UK NHS ([www.theSAFEtest.co.uk](http://www.theSAFEtest.co.uk)) to undertake cfDNA aneuploidy screening in pregnancy.

## Professor Louise Kenny

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Louise has been a Professor of Obstetrics at University College Cork since 2009 and is an honours medical graduate of Liverpool Medical School (1993) and a Member of the Royal College of Obstetrics and Gynaecologists (2001). Louise moved to University College Cork in 2006 and took up a post as a Senior Lecturer and Consultant Obstetrician and Gynaecologist at the newly opened Cork University Maternity Hospital where she continued to pursue her long standing clinical and research interest in uteroplacental insufficiency, adverse pregnancy outcome and pregnancy loss. In 2007, Louise was appointed as a Health Research Board Ireland Clinician Scientist. This 4 year award (of €1.6 million) established the Screening for Pregnancy Endpoints (SCOPE) Study ([www.scopestudy.net](http://www.scopestudy.net)), a prospective longitudinal case cohort of pregnancy outcome which also forms part of one of the world's most detailed global pregnancy biobanks. In July 2009, Louise was awarded a Principal Investigator Programme grant from Science Foundation Ireland to develop predictive biomarkers of poor pregnancy outcome. Using the SCOPE cohort, Louise's team and her collaborators have discovered a consistent discriminatory metabolite signature in early pregnancy plasma preceding the onset of preeclampsia.

## Professor Kypros Nicolaides

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Kypros studied Medicine at King's College School of Medicine and Dentistry in London and soon after graduation joined the Department of Obstetrics and Gynaecology in 1980. He is director of the Harris Birthright Research Centre for Fetal Medicine, the first fetal medicine unit in the United Kingdom. His research in Prenatal Diagnosis covers a wide span of topics extending into the many realms of prenatal ultrasonography, cytogenetic studies and doppler velocimetry. He has contributed to over 500 journal articles and more than 30 books and monographs and in 1996 he established the Fetal Medicine Foundation which runs regular courses with an international panel of speakers and delegates attending from all round the world.

## Professor Laura Magee

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Laura recently joined St. George's, University of London as a Professor of Maternal Medicine. She was formerly appointed at the Universities of Toronto and British Columbia, Canada in the Departments of Medicine and Obstetrics and Gynaecology (Division of Maternal-Fetal Medicine) and as a Senior Clinician Scientist at the Child and Family Research Institute. Her work focuses on medical complications of pregnancy, particularly the hypertensive disorders of pregnancy, with an emphasis on antihypertensive therapy for hypertension in pregnancy. She has experience in writing clinical practice guidelines and conducting international collaborative work, including the CHIPS Trial (Control of Hypertension In Pregnancy Study).

## Professor Lucy Chappell

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Professor Lucy Chappell is NIHR Research Professor in Obstetrics at King's College London and Honorary Consultant Obstetrician at Guy's and St Thomas' NHS Foundation Trust. She runs a research programme investigating prediction and prevention of adverse pregnancy outcomes, particularly in women with pre-existing co-morbidities such as chronic hypertension and chronic kidney disease, using randomised controlled trials and observational studies. She has subspecialty training in maternal-fetal medicine and a Masters in higher education, supervising higher degree students from obstetric, nephrology and general practice backgrounds. She is an academic editor for PLoS Medicine journal, a member of the NIHR HTA Clinical Evaluation and Trials board, and a committee member for the Blair Bell Research Society, RCOG Maternal Medicine Clinical Studies Group, and the International Society for the Study of Hypertension in Pregnancy council.

## Dr Alexandra Cairns

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Alexandra is a Specialty Trainee in Obstetrics and Gynaecology, working in the Oxford Deanery, with a clinical interest in maternal medicine. She is currently taking time out of her specialty training programme working as an NIHR Academic Clinical Fellow with Professor Richard McManus, and studying for a DPhil in Primary Care at Green Templeton College, University of Oxford. Her main research interest is in the management of hypertensive disorders of pregnancy during the postnatal period. She is Chief Investigator for the SNAP-HT trial development pilot study (Self-management of postnatal anti-hypertensive treatment): a randomised clinical trial exploring the role of self-management of blood pressure and antihypertensive medications in the postnatal period in women with hypertensive disorders of pregnancy.

## Dr Emma Shawkat

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Emma is a Clinical Research Fellow, Obstetrics Saint Mary's Hospital, The University of Manchester.

## Dr Laura Ormesher

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Laura is an Obstetrics & Gynaecology registrar, currently Clinical Research Fellow at St Mary's Hospital, The University of Manchester. She is enrolled in part-time MD programme. Her research is focussing on the use of nutritional supplements to improve maternal cardiovascular and uteroplacental function.

## Dr Anita Banerjee

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Anita is an Obstetric Consultant with an interest in acute kidney injury, obstetric medicine in the critical care setting and education. She is based at St Thomas's Hospital. She is the course director of a Multidisciplinary High Fidelity Simulation Course for the deteriorating pregnant mother. She is also an active committee member of the SCLN for Maternal Morbidity and Mortality.

## Dr Alison Ho

[alison.ho@kcl.ac.uk](mailto:alison.ho@kcl.ac.uk)

Alison is a Clinical Research Fellow in Obstetrics, working within both the Women's Health and Perinatal Imaging divisions at St Thomas' Hospital. She is working closely with the Placenta imaging Project (Structure and function of the placenta from implantation to delivery: a next generation MRI approach), utilising her background as an Obstetrics and Gynaecology specialty trainee. Prior to this, she completed her undergraduate training at Cambridge University and Imperial College, followed by core medical training and receiving her MRCP. Her MD project supervised by Professor Chappell, Professor Rutherford and Dr Story is titled: Placental MRI for identification of placental dysfunction in preterm pre-eclampsia and its association with clinical, ultrasound and biomarker variables.

<b>Christian</b>	<b>Surname</b>	<b>Profession</b>	<b>Place</b>
Nivedita	Aedla	Consultant Obstetrician	Royal Infirmary Edinburgh
Sangeeta	Agnihotri	Consultant in Gynaecology, Obstetrics and Maternal Medicine	Whipps Cross Hospital
Beth	Albert	Lead Midwife/ Manager FMMU	Oxford University Hospital Foundation Trust.
Louise	Abrams	Consultant Physician	Homerton University Hospital
Umber	Agarwal	Consultant in Maternal Fetal Medicine	Liverpool Women's Hospital
John	Allotey	Clinical Trials Coordinator	The Blizzard Institute
Mallika	Azizia	Consultant, Obstetrics and Gynaecology	Kings College Hospital
Alison	Baum OBE	CEO and Founder	Best Beginnings
Daniel	Borlase	Registrar	Queen Elizabeth Hospital
Amanda	Bye	Research Assistant	Kings College London
Wendy	Carter	King's Improvement Science PhD Student	St Thomas' Hospital
Catherine	Chmiel	Research Midwife	St Mary's Hospital, Manchester
Nigel	Clarke	CEO	Morgan Innovation and Technology
Nicola	Chianchiano	Consultant in Obstetrics and Gynaecology	Buccheri La Ferla Hospital, Palermo, Italy.
Alice	Cox	Research Midwife, PHOENIX and Nested studies	Kings College London
Jane	Denton	Director	The Multiple Births Foundation
John	Dinan	UK / Ireland Diagnostics Sales and Service Leader	Perkin Elmer
Claire	Dodd	Specialist Midwife -Hypertension	University Hospitals of Leicester
Diana	Dunlop	Consultant Obstetrician	Royal United Hospital, Bath
Jenie	Fetherston	Senior Research Midwife	St Thomas' Hospital
Elieen	Flatley	Business Development	TDL
Diane	Garland	Freelance Midwife	Action on Pre-eclampsia Trustee
Brian	Gennery	Chief Scientific Officer	Placentum Ltd
Fiona	Goddard	Director of Research Governance	University of Oxford
Andrea	Goodlife	Specialis Midwife - Hypertension	University Hospitals of Leicester
Ellie	Hendy	Coordinating Midwife for the PHOENIX study and Nested Studies	St Thomas' Hospital
Linda	Holden	Research Midwife	University of Oxford
Elaine	Holgado	Consultant Clinical Scientist - Molecular Genetics	Perkin Elmer
Clea	Harmer	CEO	SANDS
Richard	Howard	Consultant Obstetrician	Queen's Hospital, Barking
Nick	Kametas	Consultant in Maternal-Fetal Medicine and Obstetrics	Kings College Hospital
Ann	Keogh-Godsall		
Lucy	Kean	Consultant in Fetal and Maternal Medicine	Nottingham University Hospital NHS Trust
Carol	Lole-Harris	Clinical Lead	Rasmuss Foundation
Karin	Leslie	Consultant, Fetal and Maternal Medicine	St Georges Hospital
Jackie	Lee	Social Media staff	Best Beginnings
Tara	Lee	ST1 Obstetrics and Gynaecology	Addenbrookes Hospital
Lydia	Leon	Researcher/CALIBER project	UCL
Sandra	Linton	Specialist Midwifery Matron Fetal Maternal Medicine	St Georges Hospital
Jessica	Lowe	Clinical Research Fellow	Kings College London
Lisa	Levett	Director of Genetics and Molecular Pathology	TDL
Lesia	Kurlak	Senior Research Fellow	University of Nottingham
Sophie	Lace	Senior Registrar	Liverpool Women's Hospital
Richard	McManus	Professor of Primary Care	University of Oxford

Fergus	McCarthy	Academic MFM trainee GSTFT	St Thomas' Hospital
Paddy	Maguire		Morgan Innovation and Technology
Hiten	Mistry	Senior Research Fellow	University of Nottingham
Yvonne	Muwalo	Senior Research Nurse/Midwife	Royal London Hospital
Gareth	Morgan	Senior Research fellow with aspirin specialism	Cardiff University
Charlotte	Mungeam	Senior Research Midwife	St Thomas' Hospital
Colin	Murdoch	Marie Skłodowska-Curie International Incoming Fellow	Aston Medical School, Birmingham
Cathryn	Marsh	Research Midwife	St Thomas' Hospital
Jack	Milln	Trainee Physician	Homerton University Hospital
Cathy	Nelson-Piercy	Consultant Obstetric Physician and APEC Trustee	St Thomas' Hospital
Sukhvinder	Nicklen	Maternal Fetal Health Specialist – UK and Ireland	Perkin Elmer
Hannah	Nathan	Research Student	Kings College London
Wunmi	Ogunnoiki	Consultant Obstetrician	Maidstone and Tunbridge Wells NHS Trust
Victor	Olagundoye	Consultant Obstetrician and Gynaecologist	City Hospital, Birmingham
Sabrina	O'Dwyer	Senior Specialty Registrar in Obstetrics and Gynaecology	Barts Health NHS Trust
Mehali	Patel	Research Lead	Bliss
Adriana	Perera	Retired Midwifery Lead DAU/ Ante Natal Clinic. APEC Volunteer	Maidstone and Tunbridge Wells NHS Trust
Anna	Placzek	Trial Co-ordinator for PHOENIX	University of Oxford
Sharon	Rajkumar	Consultant Obstetrician	Aberdeen Maternity Hospital
Tanya	Robbins	Academic Clinical Fellow	St Thomas' Hospital
Nadia	Sarween	Research Fellow with Dr Ellex Knox	Birmingham Women's Hospital
Paula	Scaife	Research Fellow	University of Nottingham
Katrina	Shearer	Consultant in Maternal Medicine	Aberdeen Maternity Hospital
Nigel	Simpson	Consultant in Obstetrics and Gynaecology	Leeds University
Alistair	Smith	GP special interest: Maternal Health	Gloucestershire
Julie	Smith	DAU Lead Midwife	Queen Elizabeth Hospital
Carol	Snipe	Research Midwife	Frimley Park Hospital
Olivia	Snowball	Specialist midwife for Hypertension	Kings College Hospital
Tercia	Santos-Teite	Project Coordinator	Best Beginnings
Zoe	Stewart	Academic Clinical Fellow	Addenbrookes Hospital
Jasmine	Tay	Research Fellow	Queen Charlotte's Hospital
Nick	Tyrrell	Head of Obstetrics and Gynaecology	Southampton University Hospital
Katherine	Tucker	Senior researcher in cardiovascular research, Nuffield Department of Primary Care Health Sciences	University of Oxford
Isabel	Walker	Journalist and author	
Mark	Waterstone	Consultant Obstetrician and Gynaecologist	Darent Valley Hospital, Dartford
Ingrid	Watt-Coote	Consultant Obstetrician & Gynaecologist	St George's Healthcare NHS Trust
Heather	Watts	Research Midwife	
Rebecca	Whybrow	Clinical Research Midwife	Kings College London
Kate	Wiles	NIHR Doctoral Research Fellow	St Thomas' Hospital
Hannah	Wilson	Research Midwife	Kings College London
Philippa	Wilson	CT1	Queens Hospital
David	Williams	Consultant Obstetric Physician	University College London
Annette	Wilkinson	Sales and Services Director	TDL
Luxmimalar	Velauthar	Consultant	Barts and the London NHS Trust
Sukrutha	Veerareddy	Consultant in Obstetrics and Gynaecology/Labour ward lead	Lewisham and Greenwich NHS Trust
Nicola	Vousden	Clinical Research Fellow/CRADLE trial coordinator	Kings College London